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Why do you enjoy coming to Aurora Club?

- Because of companionship and other people —Bonnie
- Socializing, a lot of friends —Elaine
- Going on outings, getting to know people —Terry W
- Because of fellowship, the free talking, the conversation, different people I meet, the places we visit in the summer, we go to walks to the park —Tony
- Socialization, staff, learn a lot about life, give myself to the program and the people, it's a stress reliever —Tom
- I enjoy it a lot. There are a lot of fun things to do. —Kim

Member Spotlight of the Month TERRY W.!!!

By Tom M.

Hello members of Aurora. My name is Tom and I am going to present to you the member of the month. Her name is Terry W. and she has been a member of the club for five years. She graduated from Cedar Cliff High School in 1981. She is mother of three boys Brian, Eric, and Curtis. Her favorite activity is sewing and she has been doing this for 28 years. She is an avid believer of God and she attends Church regularly at Church of God in Camp Hill. She enjoys coming to Aurora to meet new people and interact with others as much as she can.

Fun Times With Tony

Q: How do you know if a chef is a clown?

A: The food tastes funny.

Q: What do you call an alligator in a vest?

A: An Investigator

Q: What do you get from a pampered cow?

A: Spoiled milk

Q: What do lawyers wear to court?

A: Lawsuits

Q: Why did the picture go to jail?

A: Because it was framed

Q: Why did the pirate not remember the alphabet?

A: He always got lost at "c"

Dave's CD Review

GUIDED BY VOICES

Bee Thousand

Release date: 6/21/94

Label: Seat



The seventh album by the Dayton, Ohio-based indie rock band **Guided By Voices** is what I'd like to consider to be

one of my all-time favorite albums of the '90s alongside *A Catholic Education* (1990) by **Teenage Fanclub** and *Slanted & Enchanted* (1992) by **Pavement**, as well as many other great masterpieces from that decade.

Bee Thousand (1994), which was recorded on consumer-quality audio equipment instead of a studio - a technique that associated the band and other similar groups of the time with the "lo-fi" genre, heavily draws inspiration from British Invasion rock music, along with as **GBV** frontman Robert Pollard calls the "four P's" of rock: pop, punk rock, progressive rock, and psychedelia.

From the opening rocker "Hardcore UFOs" to the very short, piano-driven closer "You're Not an Airplane" - composed and sung by Pollard's creative equal, Tobin Sprout, *Bee Thousand*, in my opinion, is the perfect place to start for those who are about to get to know **GBV**. Plus, I also highly recommend their follow-up, 1995's *Alien Lanes*.

A Poem

by Bonnie

A short poem I spoke at my mothers funeral when she passed in 2006

There will be no more seeing Mom
There will be no more breaking bread with Mom
There will be no more sharing silly jokes
But there will always be a Mom in my heart
I hope that someday she and I and all of gods children
Will share the kingdom of heaven together.
I miss you, Mom
I love you, Mom
God bless you, Mom

Travel Spot for the Month

by David W

Ocean City, Maryland



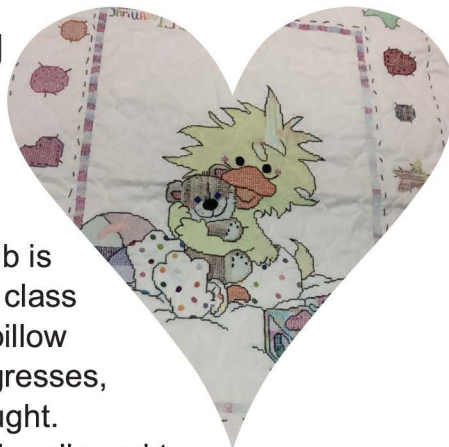
I go there every year. We take a mobile home during the summers and fall for a week.

My favorite activities are the Boardwalk, amusement park, and mini golfing.

While in Ocean City, I enjoy eating hotdogs, and at Dairyland, Tony's Pizza and Phillip's Seafood House.

Terry's Sewing Club

Terry, a member of Aurora, will be beginning a sewing club. The purpose of the club is to try a different hobby. The class will begin by embroidering pillow cases, and as the class progresses, different methods will be taught. Furthermore, members will be allowed to sew on anything they desire.



Terry has a good amount of experience in the field, which allows her to be able to work with anything. The classes will go for an hour at the most on weekdays, or we will adjust it in accordance to peoples preferred times. Everyone is responsible for their own supplies, which include needles, thread, pillowcases, and the plastic embroidery hoop.

She hopes to see many people there and is hoping that it will be a great opportunity for everyone to learn.

Lemon Snow Drops

Contributed by Susanna

1 box lemon cake mix
1 (8 oz.) Cool Whip, thawed
1 egg, beaten
Powered sugar

- Combine lemon cake mix, thawed Cool Whip and 1 beaten egg.
- Drop by teaspoon into powered sugar. Coat well.
- Place on cookie sheet.
- Bake at 350 degrees for 12-15 minutes.

Q & A with James

James sat down with fellow Aurora members Bonnie, Tom, and Susanna to get some info on some of their favorite things. This is what he learned:

Do you have a significant other?

Bonnie—**3 boyfriends**

Tom—**no**

Susanna—**no**

How many siblings do you have?

Bonnie—**2 brothers & 2 sisters**

Tom—**6 sisters & 4 brothers**

Susanna—**2 brothers**

What is your favorite color?

Bonnie—**blue**

Tom—**orange**

Susanna—**aqua**

What is your favorite meal?

Bonnie—**fried chicken and lima beans**

Tom—**meatloaf, baked potato, and green beans**

Susanna—**ground turkey lasagna/stuffed porkchops, salad**

What is your favorite sport?

Bonnie—**touch football**

Tom—**ice hockey**

Susanna—**walking**

Loving Feelings Word Search

Admiration	A	D	S	R	N	Z	D	E	D	Q	E	V	A
Comforted	D	R	E	D	N	E	T	E	B	T	O	F	E
Passionate	M	R	X	T	H	R	T	T	A	Q	F	S	C
Affectionate	I	I	A	C	R	O	G	N	G	E	O	S	O
Considerate	R	D	U	W	V	O	O	O	C	L	E	Y	N
Sensitive	A	O	E	E	N	I	F	T	C	N	L	H	S
Attracted	T	X	D	T	S	T	I	M	S	Y	O	T	I
Devoted	I	M	P	S	C	O	O	I	O	L	V	A	D
Sympathy	O	B	A	O	N	A	T	W	O	C	I	P	E
Close	N	P	Z	A	X	I	R	V	A	K	N	M	R
Drawn Toward	K	A	T	Q	V	E	E	T	T	R	G	Y	A
Tender	E	E	F	E	B	D	X	W	T	P	D	S	T
Loved	X	X	E	Q	M	U	G	S	K	A	H	O	E

MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 CLOSED	2 10-AM Exercise  12-Workshop	3 10-2 Minute Mystery 12- Workshop 1-Group Chat: Bring in your favorite thing	4 10-AM Exercise 12-Today I found out Blog 1-Workshop	5 10- East Mall 12-Workshop 1-Relaxation Group	6 10-Workshop 12-Scrabble Tourney 1-Current Events	7 CLOSED
8 CLOSED	9 10-AM Exercise 10:30-Lunch Club 1-Workshop	10 10-Cooking Class: Garlic Brown Sugar Chicken 12-Learn to Tap Dance 1-Workshop	11 10-AM Exercise 12-Workshop 1-Group Chat: Bring in your favorite Music	12 10- Ollies 12-Workshop 1-2 minute mystery 	13 10-CC: Not Fried Rice 12-Workshop 1-Paint to music	14 CLOSED
15 CLOSED	16 10-AM Exercise 12-Workshop 1-Current Events	17 10-CSP Meeting 12-St. Patty's Trivia 1-Workshop 	18 10-AM Exercise 12-Workshop 1-Relaxation Group	19 10-Antique Marketplace/Farmer Market 12-Workshop 1-Members Meeting/Birthday Bash	20 FIRST DAY OF SPRING! 10-CC: Lemon Snow Drops 12-2 minute mystery	21 CLOSED
22 CLOSED	23 10-AM Exercise 10:30-Lunch Club 12-Workshop 1-Bingo	24 10-CC: One pot meal 12-Draw to Music 1-Workshop	25 10-AM Exercise 12-Workshop 1-Current Events 	26 10-Workshop 12-Freight Station Museum 1-Group Chat: Something you didnt know about me	27 10-Spring Fling @ STAR 1-Workshop 	28 CLOSED
29 CLOSED	30 10-AM Exercise 12-Workshop 1-Relaxation Group	31 10-CC: Diet Soda Brownies 12-Current Events 1-Workshop				29 CLOSED
	MORNING MEETING EVERYDAY AT 9:30 a.m.	BAD WEATHER? CALL 232-6675 AFTER 6AM TO SEE IF WE ARE OPEN	EVERY WEDNESDAY PSYCH REHAB GROUP @ 10AM	HOURS OF OPERATION 8AM-3PM	March is National: Craft Month, Social Workers Month, and Peanut Month	

March Workshops

March 2nd How to stay positive (Even when you're struggling with Depression)
March 3rd Why we don't hear each other
March 4th Change that leads to unconditional self-confidence
March 5th This is your brain when you give up sugar
March 6th How to brighten your morning (and whole day): 7 powerful habits

March 9th How sleep is affected by time change
March 10th 7 ways to silence your inner critic
March 11th Distorting Reality: Seven ways to misinterpret what is happening
March 12th Feeling powerful vs being powerful
March 13th 10 ways to stop overthinking and start living

March 16th 3 ways to build on failure
March 17th 10 surprising facts about brooding
March 18th Stop judging and become a better communicator
March 19th 6 Habits that will help you on days when you just feel like giving up
March 20th Caring about what others think and do

March 23rd Simple self-love: The top 10 ways to be kind to yourself starting today
March 24th Stress Relief in the moment: using your 5 senses
March 25th 7 fundamentals for getting your life in shape
March 26th 5 main food groups
March 27th Money saving tips for the kitchen

March 30th How to talk to your health care provider
March 31st Stretch your grocery budget